

Carel's Pharmacy & Compounding Center

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Recap of Featured Prescription Compounds from June 2006 to October 2006:

Solutions for Summertime

Fever Blisters

Acyclovir/Lidocaine Lip Balm is commonly used to treat cold sores. It treats both the pain and the virus associated with cold sores in a single tube for about the same price as a single ingredient product. Acyclovir/Lidocaine Lip Balm is a prescription product and is dispensed in a 5 gram lip balm tube for easy use by the patient. It is applied five times daily and as needed to the affected area. Sunscreen may also be added to compound.

Itching

Anti-Itch Gel is a compounded topical treatment for itching. It provides temporary relief of pain and itching associated with minor skin irritations, insect bites, and poison ivy/sumac/oak. It contains Menthol, Camphor and Lidocaine 2% in a transparent non-greasy gel base. It is applied three to four times daily to affected area as needed.

Nail Fungus

N2 is prescription anti-fungal nail polish used to treat onychomycosis. It is a combination of Miconazole, Clotrimazole, and Ibuprofen in a DMSO base. Tea Tree Oil, which has anti-fungal properties may also be added if desired. It is applied once daily to the affected nail bed(s) until the nail has grown out clean. Penetration into the nail bed is achieved through the use of DMSO. N2 nail polish allows the patient to bypass side effects associated with oral therapy and is extremely cost efficient when compared to oral therapy.

Pain/Inflammation

Ketoprofen Gel is commonly used as a 10% to 20% formula with a pea-sized amount massaged into affected area three times daily. It is usually dispensed in a one or two ounce container. Ketoprofen Gel is especially useful on painful joints such as knees, elbows and/or wrists.

Wart Remover

Wart Gel is a prescription topical treatment used in the removal of warts. It contains Deoxy-D-Glucose 0.2%, Ibuprofen 2% and Cimetidine 10%. Deoxy-D-Glucose acts as an anti-viral. Cimetidine helps to destroy or stop the reproduction of the virus. Ibuprofen used topically aids in the absorption of the other medications. It is applied to the wart or warts three times daily for three weeks.

Xerostomia

Cotton Mouth Lollipops contain Pilocarpine 5mg in a sugar-free sorbitol lollipop base. Pilocarpine is a cholinergic antagonist that increases bodily secretions. The medication is used by dissolving the lollipop in mouth for 20 to 30 seconds repeating every 2 hours as needed. The lollipop is then rinsed and returned to the childproof container for future use.

Electrolyte Troches are a compounded treatment for Xerostomia. They contain an electrolyte mixture in a sugar-free troche base. The medication is used by dissolving one troche in mouth repeating every 2 hours as needed.

Atopic Dermatitis

UTA Topical Ointment is a compounded treatment for atopic dermatitis. UTA Topical Ointment is a combination of Urea 40% and Triamcinolone 1% in Aquaphor. It is applied to the affected area twice daily as directed.

Betamethasone 0.1% in DermaZinc Cream is a compounded treatment for atopic dermatitis. The cream contains Betmethasone Valerate 0.1%, a high potency topical corticosteroid in a DermaZinc base. DermaZinc is a specialized base containing 0.25% Zinc Pyrithione. This formula is applied twice daily until area is clear. It is best used on small areas of treatment. DermaZinc base is also available in topical spray and shampoo.

Obesity

PCS Capsules is a compounded treatment for weight loss. They contain Phentermine 37.5mg, St. John's Wort Standardized Extract and Chromium Picolinate. Phentermine is a controlled prescription medication used as a short-term supplement to diet and exercise in the treatment of obesity. It stimulates the central nervous system which increases the metabolism and decreases your appetite. St. John's Wort is a herbal medication used to treat depression, anxiety and/or sleep disorders. It is used in the PCS Capsules to decrease cravings. Chromium Picolinate is a trace mineral that aids in processing of carbohydrates and fats in the body. It also helps cells respond properly to insulin. Chromium Picolinate has been used to build muscle, prevent and treat diabetes and promote weight loss. PCS capsules are taken once daily. They are normally prescribed for a short period (1 to 3 months).