

Carel's Pharmacy & Compounding Center

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Issue 5
May 2005

Warts

Warts are a problem affecting up to 12% of the general population. Warts are a viral infection caused by the human papilloma virus (HPV). While warts can appear anywhere on the surface of the body, they are generally benign and painless. There are several different classifications of warts with common, flat and plantar being the most frequently occurring.

Treatment of Warts

Although warts generally pose no health risk to their hosts, they cause significant cosmetic embarrassment and, in the case of plantar warts, can be painful. There are several methods by which warts can be treated including topical treatments, cryosurgery, laser therapy, electrotherapy and folk remedies.

Folk Remedies to Cure Warts

(Folk remedies to cure warts excerpted from *Rub Skunk Oil and Onions on my Chest and Call Me Well, A Collection of East Texas Home Remedies and Folk Medicines*, by Bob Bowman.)

- Take an equal amount of brown soap and saliva, mix the two together, and make a plaster. Apply to the warts and leave it 24 hours. When removed, the warts and roots will come off.
- Make the wart bleed. Put one drop of blood on seven grains of corn. Feed the corn to an old black hen.
- Run an old bone on the wart and throw it over your shoulder.
- Sit in a cemetery for three nights in a row. Then find a fresh grave and put flowers on it while wishing your wart will disappear. Two weeks later, they will.

Topical Treatments to Cure Warts

- Salicylic Acid Paste 40 to 60%-Apply to wart two to three times daily until gone.
- Deoxy-D-Glucose 0.2%/Ibuprofen 2%/Cimetidine 10% PLO Gel-Apply to wart three times daily for three weeks.
- Dinitrochlorobenzene in Duofilm-Apply to wart before bedtime.
- Dinitrochlorobenzene/Salicylic Acid/Lactic Acid in Flexible Collodion-Apply to wart once daily.

This month's featured compounds are **Deoxy-D-Glucose 0.2%/Ibuprofen 2%/Cimetidine 10% PLO Gel** and **Salicylic Acid 40% Paste**.

Deoxy-D-Glucose 0.2%/Ibuprofen 2%/Cimetidine 10% PLO Gel is a topical treatment used in the removal of warts. It is applied to the wart or warts three times daily for three weeks. Deoxy-D-Glucose acts as an anti-viral. Cimetidine helps to destroy or stop the reproduction of the virus. Ibuprofen used topically aids in the absorption of the other medications.

Salicylic Acid 40% Paste is a topical treatment used for the removal of warts. It is applied to the wart or warts two to three times daily until the wart is removed. The skin surrounding the wart should be protected from the Salicylic Acid Paste by application of a liquid skin protector.

If you have any questions regarding these therapies or any other medication related problems, please call our specially trained compounding pharmacists and staff at (580) 355-4540. If you would like more information for you and/or your staff, we gladly provide in-office presentations.